

# High-tech walking help



Exercise rehabilitation with help from a robotic exoskeleton might benefit people with multiple sclerosis. In a pilot study of 10 people with MS who had difficulty walking, a robotic exoskeleton was used to help them walk.

The four-week exercise and rehabilitation program using a wearable robotic exoskeleton resulted in:

- Improved brain connectivity
- Improved information-processing speed
- Improved walking ability

Find more information on the [robotic exoskeleton exercise research study](#).