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An African-American experience

As a black woman diagnosed with MS in 1997, I found the article on how MS affects African-Americans ("A [fresh perspective](#)," Spring 2017) a blessing to read. This was the first time I could relate to an article written in **Momentum**. Great job!

Lisa Fields, California

Struggles hit home

The Fired Up article ("A [new identity](#)," Spring 2017) really hit home with me, as I am in a similar situation, married with three boys and trying to work full-time. I, like Shannon, am so overwhelmed, break down often and struggle to make decisions. It was encouraging to hear the similar struggles of those with MS.

I have resigned from teaching. I don't know what my future holds, but I know by the grace of God I will find my identity. Right now, I need to enjoy my husband and boys. Thanks for the

encouraging article. Please write more about the “hidden” cognitive, anxiety and stress issues that come with MS.

Camille Wanetka, Nebraska