

@Momentum



Let's hear it! Share your thoughts and comments about this issue's stories.

- Tag your thoughts on **Twitter** [@MSsociety](#) using #Momentum.
- Like and comment on our page on [Facebook](#).
- Email editor@nmss.org.
- Or send mail to **Momentum** Editor, National MS Society, 900 S. Broadway, Suite 200, Denver, Colorado, 80209. Letters to the editor must include your name and a way for our staff to contact you. Letters should be no more than 100 words and may be edited.

An African-American experience

As a black woman diagnosed with MS in 1997, I found the article on how MS affects African-Americans ("[A fresh perspective](#)," Spring 2017) a blessing to read. This was the first time I could relate to an article written in **Momentum**. Great job!

Lisa Fields, California

Struggles hit home

The Fired Up article ("[A new identity](#)," Spring 2017) really hit home with me, as I am in a similar situation, married with three boys and trying to work full-time. I, like Shannon, am so overwhelmed, break down often and struggle to make decisions. It was encouraging to hear the similar struggles of those with MS.

I have resigned from teaching. I don't know what my future holds, but I know by the grace of God I will find my identity. Right now, I need to enjoy my husband and boys. Thanks for the

encouraging article. Please write more about the “hidden” cognitive, anxiety and stress issues that come with MS.

Camille Wanetka, Nebraska