Special guide to relationships

MS can affect people's emotions, physical sensations and abilities, but it doesn't change the need for close connections. With two new articles focused on emotional and physical intimacy, and previous articles on dating and caregiving, this guide can help you strengthen your relationships.

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Photo by Meghann Prouse

Get closer

When it comes to intimacy, communication is key.



Photos courtesy of Julie and Steve Hare and Myra Lezanic

When MS is the third wheel

How couples living with MS keep their relationships going strong.

Past articles



Becoming carepartners

Keeping the balance in relationships.



Illustration by Bonnie Timmons

Dating with MS

One woman questions if—and when—to tell her dates about her MS.